

<b>3</b> Spicy Chicken Quesadilla	<b>4</b> Beef Enchiladas w/Rice	<b>5</b> Tuna Grinder	<b>6</b> Mango Habanero Chicken Wings w/Mac & Cheese	<b>7</b> Cheesy Nachos
<b>10</b> Beef Meatball Grinder w/Marinara Sauce & Mozzarella	<b>11</b> Chicken & Waffles	<b>12</b> Bean & Cheese Pupusas w/Curtido	<b>13</b> Chicken Gumbo w/Honey Cornbread	<b>14</b> Creamy Tomato Soup w/Grilled Cheese
<b>17</b> Beef Walking Tacos	<b>18</b> Chicken Fettuccine Alfredo w/Broccoli & Garlic Bread	<b>19</b> Chili Verde Fries w/Roll		



**31**  
Cheesy Pull-A-Part w/Marinara

Daily Milk Choices:  
1% White Milk  
Nonfat Chocolate Milk

High School Daily Lunch Entrée Choices:

- ❖ Orange Chicken w/Seasonal Vegetables & Rice
- ❖ Pepperoni Pizza Wedge (Mon. / Wed. only)
- ❖ Buzz Burger (Tue. / Thu. only)
- ❖ Spicy Chicken Sandwich
- ❖ Yogurt Parfait w/Fruit & Granola

Daily Choices:

- ❖ Seasonal Fresh Fruit Options
- ❖ Frozen Fruit Cups (Tues. / Thurs.)
- ❖ Cool Tropics Variety (Mon. / Fri.)
- ❖ Seasoned Beans
- ❖ Garden Salad
- ❖ Seasoned Potato Wedges
- ❖ Baby Carrots

Homemade Ranch Dressing | Ketchup | Mustard | Mayonnaise | Soy Sauce | Tapatio Sauce | Tajin

All grains are whole-grain rich. Students must select a ½ cup of fruit and or a ½ cup of vegetables with their meal. Meals are offered with non-fat chocolate milk or 1% white milk.



Marketplace:

**Monday:** Protein Box

**Tuesday:** Spicy Chicken Salad w/Tapatío Ranch Dressing

**Wednesday:** Crunchy Chicken Wrap

**Thursday:** Chef Salad

**Friday:** Taco Salad

This institution is an equal opportunity provider.



MILOR HIGH SCHOOL